

# Global Health Partnerships Annual Report

2020-21



## Dedicated to Providing Healthcare for the Very Poor

Global Health Partnerships (GHP) is a non-profit organization (501c3) that provides medical care and humanitarian aid to the very poor in rural Kenya with local community support. Our emphasis is on maternal and child health, child nutrition, and aid for the most impoverished families

## Year in Review

Global Health Partnerships (GHP) has been providing health care and humanitarian aid in Kenya since September 2007. The Kenya project, called **the Kisesini Community Health Project**, consists of the Kisesini Dispensary, a maternity center, and the community projects that focus primarily on village-based maternal and child health. The project serves a population of approximately 50,000. We also support special surgical treatment, performed in Kenya, for selected patients. This report covers the GHP fiscal year of July 1, 2020-June 30, 2021.

### Governance

#### Board of Directors

Angelo Tomedi, MD, President, Albuquerque, New Mexico  
Adrian Morris, Vice President, Socorro, New Mexico  
Antia Sanchez, RN, Secretary, Albuquerque, New Mexico  
Rifka Stern, MD, Treasurer, Albuquerque, New Mexico  
David Broudy, MPH, PhD, Albuquerque, New Mexico  
Maria Cassimus, CPA, Albuquerque, New Mexico  
Carolyn Ansell, CNM, MSN, Albuquerque, New Mexico  
Mbarak Hussein, Albuquerque, New Mexico  
Sav Sava, MD, Albuquerque, New Mexico  
Ruth O'Keefe, MD, Albuquerque, New Mexico



## History of GHP in Kenya

The clinic in Kisesini was started by a Kenyan women's basket weaving co-op. The women saved some of their basket income to construct a rudimentary building in the village of Kisesini on donated land. GHP raised the funds to complete the facility and purchase equipment and supplies. As planned the clinic was designated a Government of Kenya (GOK) facility. GOK provides for the salaries of the nurses and some basic medicine and supplies. GHP supervises the training of a network of lay **Community Health Volunteers (CHVs)** who work in their villages to improve child health. This allows GHP to reach all who need care, no matter how remote. GHP purchases additional essential medicine and supplies, continues to train nurses and CHVs, and sends medical teams, when possible, to do volunteer work, teaching and research. Support for personal protective equipment and COVID vaccine clinics has been particularly critical this past year. Because of the talent and kindness of the Kenyan nursing staff, and the fact that GHP supports maternity care, keeps the pharmacy stocked, and provides emergency medical transportation, this clinic serves the population of eastern Kenya well. GHP is the perfect partnership including the Kenyan Health Ministry, the wonderful Kenyan nurses who deliver care full time, and the board and supporters of Global Health Partnerships.



## Clinical Services at the Kisesini Dispensary

Four nurses and a laboratory technician provide primary care services, including vaginal deliveries, at the Kisesini Dispensary and Maternity Center. John Mbae is the nurse-in-charge and the volunteer coordinator of GHP projects. He is supervised by Nicholas Mutuku, the previous nurse-in-charge. The nurses live on the Kisesini Dispensary campus and provide 24/7 obstetrical care. They all have special obstetrical training sponsored by GHP.

During the 2020-21 fiscal year there were a total of 12,437 adults and children over age 5 seen in the dispensary. There were 2,618 pediatric visits for children aged 5 and younger. There were 191 vaginal deliveries of healthy newborn infants. Women needing C-sections or advanced medical care and infants requiring special resuscitation were transported to larger medical centers in the ambulance. This was a year when medications and supplies, including PPE, were difficult to find. As always, the staff at the Kisesini Dispensary made the most with what they had.



## The Ambulance Saves Lives

GHP maintains an ambulance to provide emergency transportation of patients to a district hospital for a higher level of care. This includes the transportation of mothers for C-sections, infants for further resuscitation, critical patients, victims of trauma, including multiple trauma road accidents, acute illnesses and snake bite victims. The life of a young man who was the victim of a hippopotamus attack was miraculously saved thanks to the quick action of Victor Wambua, the full time ambulance driver. The GHP vehicle is also used for emergency patient transport from remote villages to Kisesini, for pickup and delivery of medication and supplies, and to reach the remote villages for outreach clinics. Ambulance maintenance and repair are very expensive, running nearly a sixth of GHP's annual budget. Some day, soon, this vehicle will need to be replaced.



## Maternity Center Activities



The Kisesini Maternity Center has been operational since March 2014, welcoming newborns with safe medical supervision. All the Kisesini nurses have advanced training in obstetrics and newborn resuscitation. This year 191 healthy newborns were welcomed at the maternity center, a record number of deliveries.



Services offered include excellent antenatal care, nutritional monitoring and support and prevention of mother-to-child HIV transmission.

On more than one occasion there have been multiple deliveries during a single night. Because the existing maternity center has only one antenatal room, one delivery room, and one postnatal room, multiple deliveries mean more than one mother and one baby in a small room. Nurse-in-charge John Mbae has stepped up and begun construction of a maternity center expansion.



## Outreach Clinics



Outreach clinics deliver preventive health care services to the more remote villages of the catchment area where access to care is limited for many families. GHP supports weekend outreach clinics that focus on maternal and child health including immunizations for children, family planning services, prenatal care, and assessment and treatment of child malnutrition. The GHP outreach clinics are conducted on two weekends each month, staffed by the Kenyan nurses, and coordinated by the Community Health Workers. The services provided include immunizations, vitamin A supplements for children, deworming, and growth and nutrition assessment. Pregnant women are seen for prenatal care. During this past year a total of 1,171 patients were seen in two very remote villages, Syokisinga and Mekilingi. Most of these were children who received immunizations and nutritional assessment. Necessary food supplements are distributed at the time assessments are made. Despite the grueling day required of our nursing staff to conduct these clinics, this is truly one of our most cost-effective health programs. The outreach clinics deliver healthcare to people who would otherwise never have such care. The total expense of this program was \$1,010, not including medications, supplies, or vehicle expenses.

## Food and Education for the Poorest

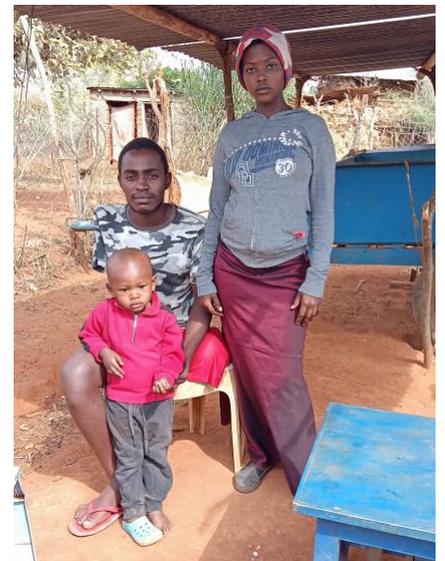


Children are evaluated for malnutrition at every encounter at the Kisesini Dispensary and the outreach clinics. We know the **cure for malnutrition**! Children found to be severely malnourished are treated with a high energy product called Plumpy'nut. Those with moderate malnutrition are treated with Plumpy'sup. These food products are provided free. GHP carefully follows these children until they have recovered and beyond.

Families who have fallen into extreme poverty are identified by the nurse-in-charge and are monitored regularly by Victor Wamba. These families are affected by illness, disability, and death, often due to HIV/AIDS. To prevent starvation, they receive a monthly ration of staple foods. School fees are also paid for the children in these homes. Nearly a quarter of GHP's budget goes toward life-sustaining food and 14% toward school fees. Keeping these poverty-stricken students in school is the best possible investment in their future. Our graduates have proven this over and over.

## Referrals for Specialist Care

Because the Kisesini Dispensary has such a good reputation for delivering medical care, patients with complex medical and surgical problems come a great distance for help. Most of the cases have been orthopaedic, cardiac, and endocrine. Expenses for patients who require specialist care or surgery at major hospitals in Nairobi are now partially paid for by a government health insurance program. GHP's contribution to this care was less than \$2,000 this past year thanks to the new insurance system. Our expertise is invaluable.



## 2020-21 Financial Review

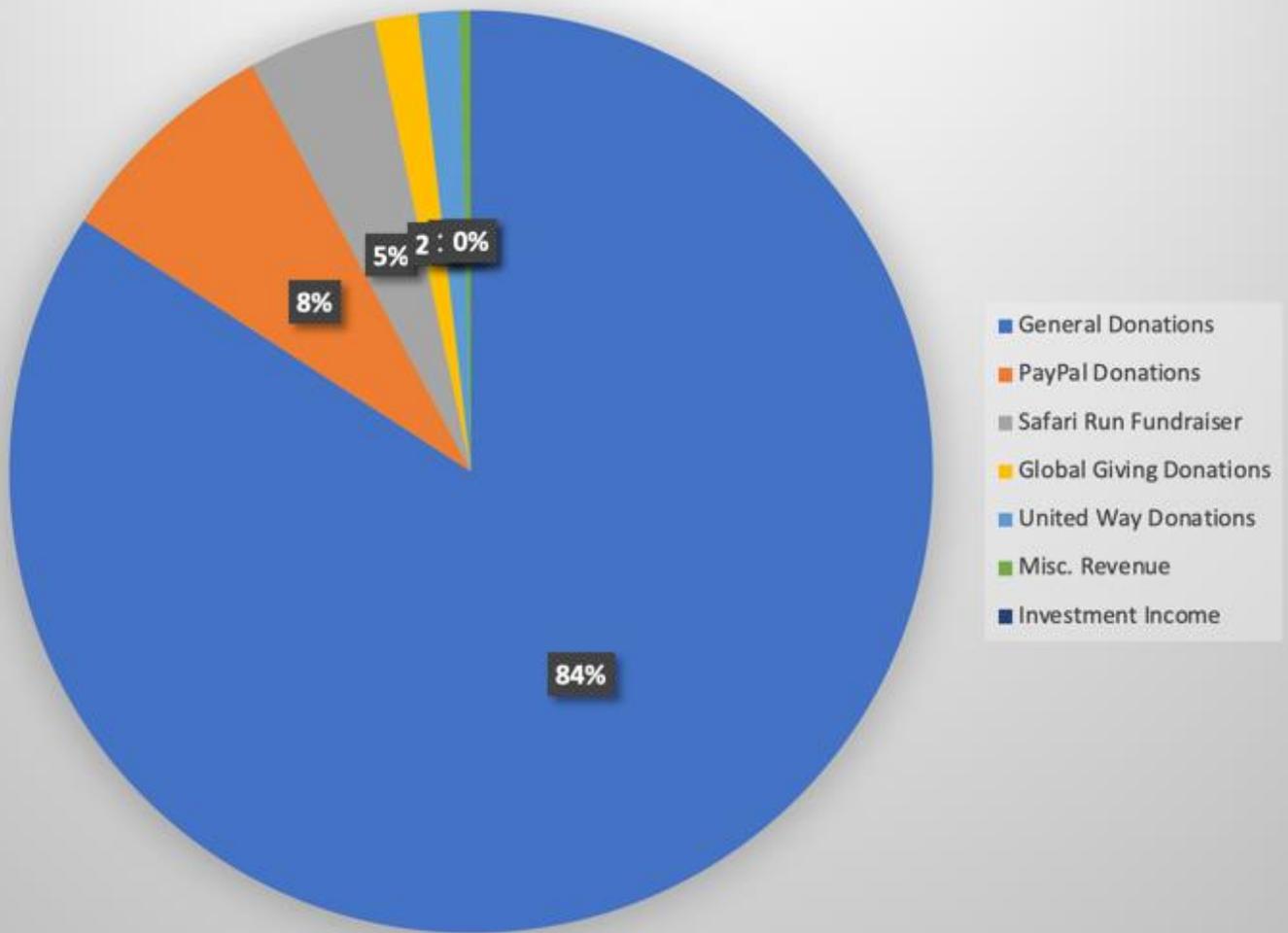
### GHP Income 2020-21

General Donations	\$55,410
PayPal Donations	5,252
Safari Run Fundraiser	2,961
Global Giving Donations	988
United Way Donations	960
Misc. Revenue	247
Investment Income	13
	\$65,831

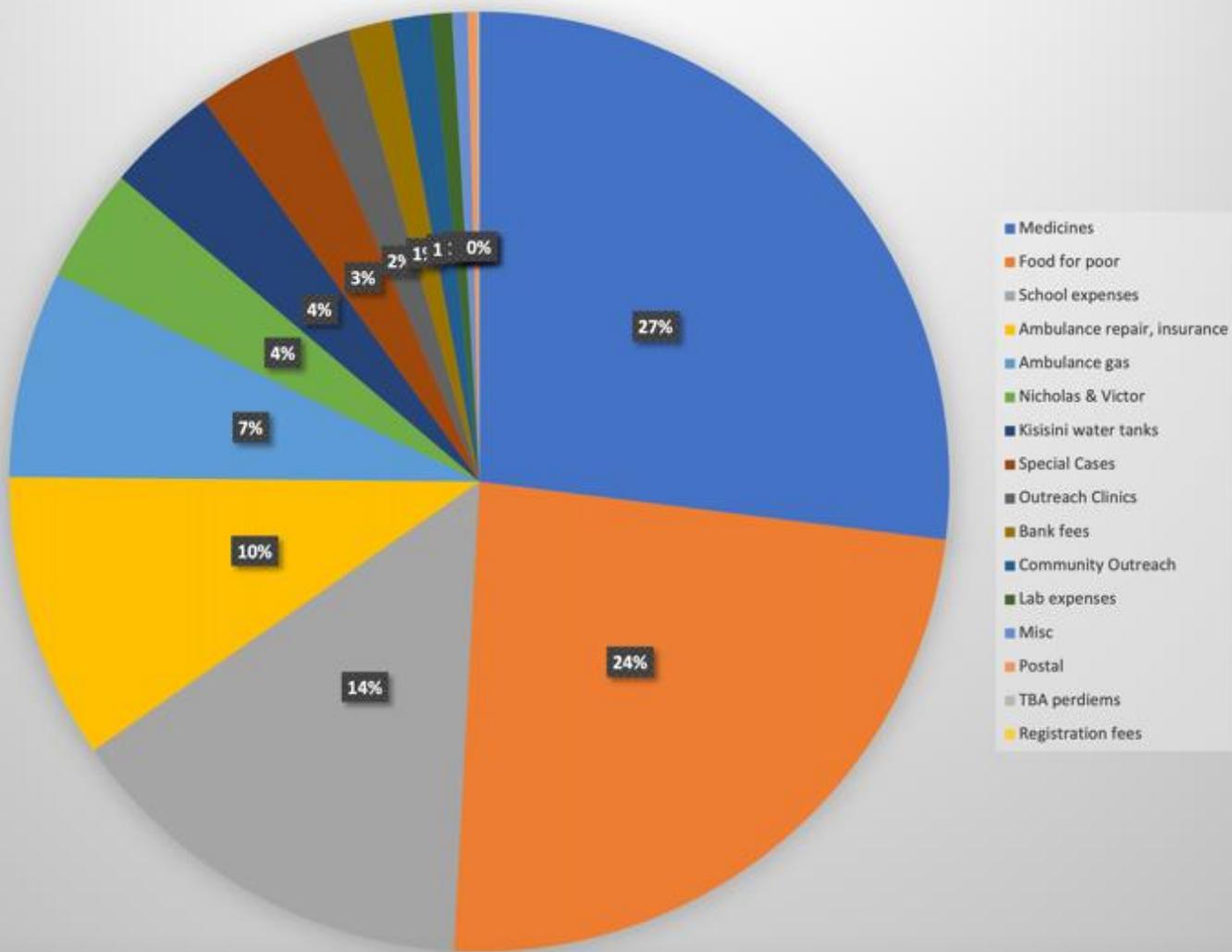
### GHP Expenses 2020-21

Medicines	\$14,964
Food for poor	13,254
School expenses	8,018
Ambulance repair, insurance	5,457
Ambulance gas	3,942
Nicholas & Victor	2,181
Kisisini water tanks	2,126
Special Cases	1,925
Outreach Clinics	1,117
Bank fees	826
Community Outreach	740
Lab expenses	402
Miscellaneous	297
Postal	168
TBA per diems	48
Registration fees	10
	\$55,475

**Global Health Partnerships  
Income 2020-21  
\$65,831**



**Global Health Partnerships  
Expenses 2020-21  
\$55,474**



# Global Health Partnerships, Inc.

## 2020-21 Annual Report



### **GHP is a 501c3 non-profit organization.**

Our dream is to expand the services we support at the Kisesini Dispensary. We want every mother, child, and family within our service area to enjoy the best possible health. The COVID pandemic, severe drought, medication and equipment manufacturing and supply chain difficulties have made this goal particularly difficult. Still, 100% of your donations go toward this dream.

**Global Health Partnerships**

**PO Box 4385**

**Albuquerque, NM 87196**



Global Health Partnerships

PO Box 4385

Albuquerque, NM 87196